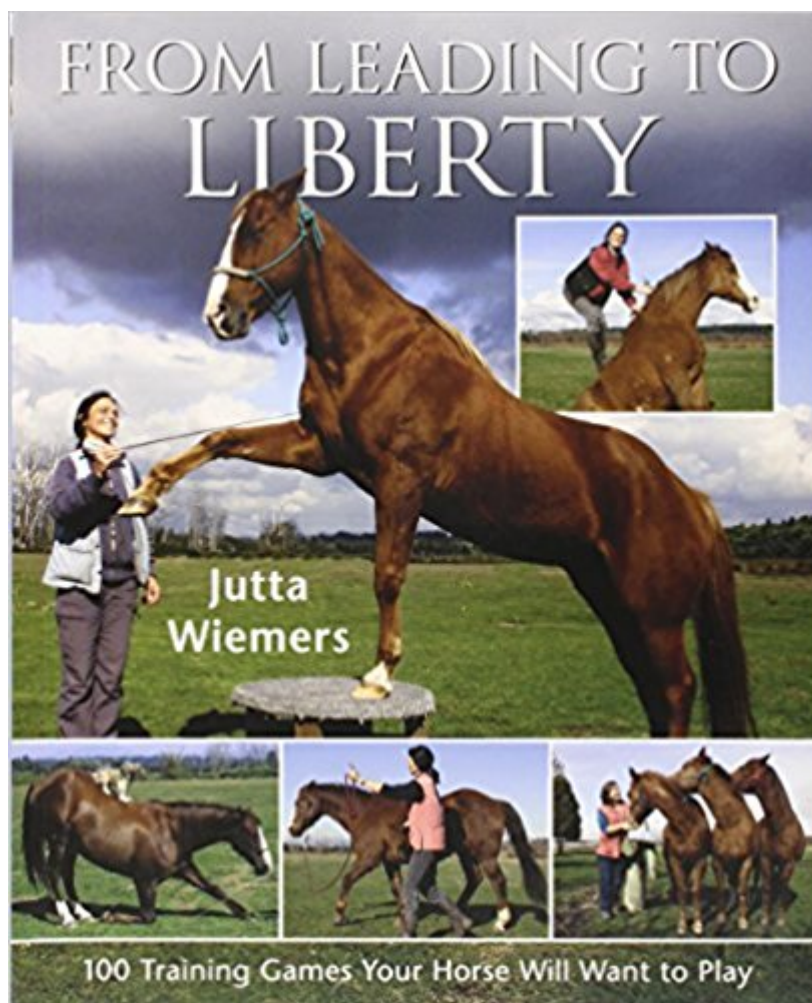


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# From Leading To Liberty: 100 Training Games Your Horse Will Want To Play



## Synopsis

In this book, Jutta Wiemers describes 100 "smart" games through which you can achieve a perfect partnership with your horse. The games are progressive and range from simple leading and lungeing, through to circus tricks (curtseying, kneeling, lying down or sitting on command, Spanish walk, and even the Hungarian post). Along the way there are other fun-packed games involving balance, sure-footedness, agility, and confidence building. All the proposed games are beneficial to the horseâ "they will keep his body healthy, while his mind is stimulated. The training suggested is sometimes ambitious but always playful, and performed entirely without pressure. Hundreds of illustrations (drawn by the author) clarify the sequence of training steps and detail the required body language of the trainer. Training your horse with these games will open a gate to your horse's soul and change your relationship with him forever. For his part, your horse will become self-confident, happy and very dependable.

## Book Information

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## Customer Reviews

Jutta Wiemers began riding and vaulting at the age of 10. She has been training and teaching vaulting, coaching and judging throughout North America and Europe for the past 30 years. Her emphasis is always "safety first" and her training records are proof that the sport of vaulting can be learned without injuries. She is also a Circus Gym trainer with many suggestions of how to get to know your horses better, and make them bomb-proof and motivated, healthier and happier by playing intelligent games with them. Jutta Wiemers is an architect living in Vancouver, Canada.

I bought this book for my granddaughter and I to share some more horse activities than just riding . We read the first few chapters and went out to try it on the horses. Everything Jutta said to do worked like a charm..We were amazed! So we're on to the next chapter. Juttas intelligence and life experience shine through in her writing. As I'm reading I'm motivated to go outside and follow her directions immediately! And looking at the picture of the author made me realize I know her. We met 15 years ago when she taught vaulting to my daughter. Val Jackson

If you are serious about having fun this is just the book for you!If you love your horses you can only have fun if they are happy. In Jutta's book she shows you how to make your horses happy and how to become a good and reliable leader by establishing a good relationship. Don't skip the first part of getting your body language right and the first yielding and leading games as this is where you're mainly working on yourself and your relationship to your horse. Jutta has also got some DVDs out very worth watching. They are called "Playing with Horses" to be purchased at Equestrian Vision.

The general public and equestrians alike are fascinated with equine liberty acts, and perhaps many equestrians would consider liberty to be just a bunch of tricks while quietly wondering how such things are possible. There are certainly lots of folk who play with their horses, and there are certainly lots who try to "make" their horses do things. This book is about the former of course, and it demonstrates how an equestrian can enter a paradigm shift in thinking about their interactions with the horse: both in terms of what is possible and how liberty is a result of building relationships and trust.

I am pleased I bought this book I am sure I will use this book over and over again. I think using ideas from it will allow my horses to express their individual natures

fun

Outstanding -- the best book I have yet to purchase on training and fun/fitness exercises. My horses have responded very well and we are working on one exercise per week. And, they work! Our horses also seem to know they are games and are interested and active during the process.All the exercises are laid out clearly and each step is explained and illustrated in diagrams, making it very clear and simple to follow.Later exercises are more complex, but this book is terrific for both the less

experienced and very experienced horse owner, especially those who ride less and are seeking interesting exercises and games to keep their horses active and happy. Absolutely the best feature of the book is a 'back to basics' section which discusses what you need to know about body language (we all need to improve our own body language) and clearly defines steps that need to be taken. I will give just one simple example here. While backing my Off-Track Thoroughbred, I used to face his tail and tap him lightly on the chest. He would comply, but then I read that Jutta recommends standing facing forward (at his shoulder) and simply asking him to step back with you, as you step back. My OTTB got it on the first try and now I only have to assume this position and he knows what to do. In short, these instructions are completely soft, ethical and easy for the horse to understand. Thank you, Jutta for a great volume!

Great book, lots of info. Plus I read it over and over

Wonderful and enjoyable. My horse love it

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